## **Instructions For Heat Pack Products**

This is a storage pack that needs heating, The inner material of this product is solid at room temperature, It needs to be heated by microwave oven or boiled water, and the heat storage material inside should be melted completely as far as possible, so as to absorb heat to the maximum extent and making the heat preservation time longer.

## Matters needing attention for microwave heating:

1. Set the microwave on medium- high heat, not more than 3 minutes. In the process of heating, if you find the plastic box drum phenomenon, please immediately stop heating, to avoid the plastic box rupture, polluting the microwave furnace. (Note : About 2 minutes is appropriate, you know the temperature of the microwave oven is very high, the box will melt and burst over time.)

2. After removing from the microwave, check whether the internal material has completely melted. If not, please continue to heat for 30 seconds at a time. When the heat storage material is completely melted, it can be put into an insulated bag or insulated cooler box with food that needs to be insulated.

3. To avoid burns, bring gloves when you remove them from the microwave (Because the temperature about 70-80 degrees)

## Matters needing attention for boiling water heating:

Put the product into hot water(more than 60  $^{\circ}$ C hot wate). After 10 minutes, check whether the internal heat storage material has completely melted. When all melted, take it out, it can be put into an insulated bag or insulated cooler box with food that needs to be insulated.